

Make a Plan for Summer Service

Complete this form to document your service research and plan your commitment to summer service. Use the form as a record for high school service logs (and college application portfolios).

Pitch In, Help Out,
Volunteer!



1: INVESTIGATE SUMMER SERVICE OPTIONS

Connect with other teens and adults (parents, teachers, club leaders) and check Volunteers of America (www.volunteersofamerica.org) for local service opportunities. Take notes on information you learn. List multiple options, then choose the activity you like best.

Sponsoring Group (contact phone/email)	Volunteer Activities for Teens (note time needed/requested and if they prefer individuals, groups, or both)

2: SET YOUR SERVICE GOALS:

- What would you like to do/learn? _____

- What skills/talents do you have to offer? _____

- How do you want to make a difference? _____

3: CALCULATE YOUR SUMMER TIME

Summer Commitments (sports, jobs, other)	Estimated hours/ week

- How much time can you give to service activities? ___ hours/week ___ hours/month ___ one-day events

4: MAKE YOUR SERVICE COMMITMENT

Sponsor Group	
Volunteer Activity (include time/session)	
Duration (hrs/days/wks)	
Your signature/date	